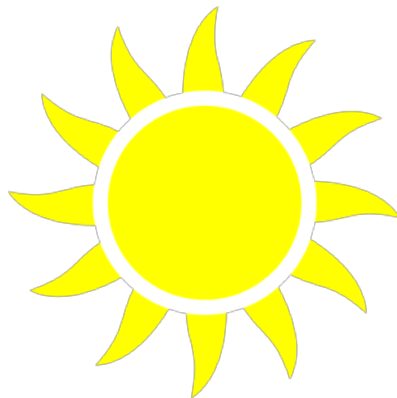
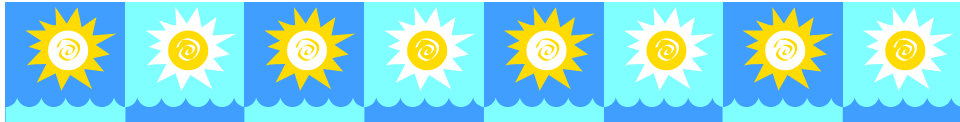


Summer Newsletter 2016

St Leonard's Practice



DUE TO HIGH DEMAND
ALL PRESCRIPTIONS
WILL TAKE A MINIMUM OF
72 Hours

Preferred Prescription Destination

Boots Exe Bridges	
Boots High Street	
Lloyds Heavitree	
Lloyds Magdalen road	
Lloyds Sidwell Street	
Sainsbury's	
St Leonard's Pharmacy	
Superdrug	
Tesco's	

Please let our Script Team know which pharmacy you would like your prescriptions to be sent to.

Remember you can order your repeat medication online; ask one of the team for information.



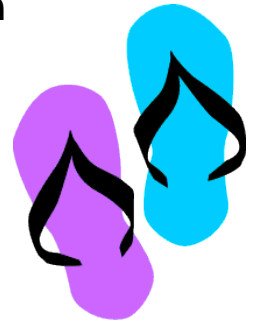
Pharmacy Opening Times

Pharmacy	Address	Town	Postcode	Telephone	August Bank Holiday 29th August	Minor Ailments	Emergency Supply	Specialist Medicines
Alphington pharmacy	25 Ide Lane, Alphington	Exeter	EX2 8UP	01392 434749	Closed	Yes	Yes	No
Boots	Mount Pleasant Health Centre, Mount Pleasant Road	Exeter	EX4 7BW	01392 432712	Closed	Yes	Yes	No
Boots	70 Cowick Street, St Thomas	Exeter	EX4 1HW	01392 251777	Closed	Yes	Yes	No
Boots	Unit 1, Exe Bridges Retail Park, Alphington Street	Exeter	EX4 1AH	01392 271372	0900-1800	Yes	Yes	Yes
Boots	250-251 High Street	Exeter	EX4 3QD	01392 432244	0900-1800	Yes	Yes	No
Countess Wear pharmacy	Glasshouse Medical Centre, Glasshouse Lane, Countess Wear	Exeter	EX2 7BT	01392 877000	Closed	Yes	Yes	No
Day Lewis	1 Summer Lane, Whipton	Exeter	EX4 8BU	01392 467027	Closed	Yes	Yes	No
Day Lewis	88b Beacon Lane	Exeter	EX4 8LU	01392 494016	Closed	Yes	Yes	No
Exwick pharmacy	New Valley Road	Exeter	EX4 2AD	01392 221272	Closed	Yes	Yes	No
Lloyds	59 Fore Street, Heavitree	Exeter	EX1 2TJ	01392 273121	Closed	Yes	No	No
Lloyds	71 Magdalen Road	Exeter	EX2 4TA	01392 273157	Closed	No	No	No
Lloyds	37 Sidwell Street	Exeter	EX4 6NS	01392 273470	Closed	No	No	No
Lloyds	Heavitree Health Centre, South Lawn Terrace, Heavitree	Exeter	EX1 2RX	01392 218144	Closed	No	No	No
Luxtons	67 Cowick Street, St Thomas	Exeter	EX4 1HW	01392 274880	Closed	Yes	Yes	No
Pinhoe pharmacy	1a Station Road, Pinhoe	Exeter	EX1 3SA	01392 467355	Closed	Yes	Yes	No
Sainsbury's	30-32 Guildhall Shopping Centre	Exeter	EX4 3HH	01392 273471	0900-1730	Yes	Yes	No
Sainsbury's	1 Hill Barton Road, Pinhoe	Exeter	EX1 3PF	01392 469687	0900-1900	Yes	Yes	No
Sainsbury's	Alphington Cross Store, Alphington Road	Exeter	EX2 8NH	01392 273526	0900-1800	Yes	Yes	No
St Leonards pharmacy	St Leonards Medical Centre, Athelstan Road	Exeter	EX1 1SB	01392 422444	Closed	No	Yes	No
Superdrug	Unit 11, Guildhall Shopping Centre	Exeter	EX4 3HJ	01392 491272	Closed	Yes	Yes	No
Tesco	Exeter Vale Shopping Centre, Russell Way	Exeter	EX2 7EZ	0345 6779263	1100-1600	Yes	Yes	Yes
Well pharmacy	Lidl, Burnt House Lane, Wonford	Exeter	EX2 6NF	01392 499751	Closed	Yes	Yes	No
Exminster pharmacy	The Limes surgery, Church Stile	Exminster	EX6 8DF	01392 833822	Closed	Yes	Yes	No
Fore Street pharmacy	3 Fore Street	Topsham	EX3 0HF	01392 873581	Closed	Yes	Yes	No
Topsham pharmacy	18 Fore Street	Topsham	EX3 0HE	01392 873063	Closed	Yes	Yes	No

Travel

You are advised to prepare for your travels **at least two months in advance** to ensure that you have time to receive all the necessary inoculations etc.

It is very important that you seek advice at least 10 - 12 weeks before you travel. This is because some vaccinations need more than one injection, and others take time to start working.



The private providers locally include:

- Southernhay Travel Clinic, 01392 430590
www.travelhealthconsultancy.co.uk
- Superdrug, 01392 214651
- Boots, online
www.boots.com/travelhealthservice
- Our reception-just ask for a leaflet.

Some injections are free via the NHS e.g. Hepatitis A, Typhoid, Polio and you will be advised accordingly.

Travel services are charged for as they are not covered by the NHS.



Have a safe and happy holiday!

IMPORTANT PATIENT INFORMATION

CHANGES FROM 1ST APRIL 2016

Over the years it has been very difficult to provide parking for patients attending the practice. Patients will be aware that our old practice in Denmark Road had no patient parking. We were unfortunately unable to build a dedicated patient car park on this current site, and hence parking has always been a challenge for the practice to manage. As our signs clearly state – the car park has never been for patient parking.

Due to the increasing demands on the car park the practice has now decided to review the situation and take the following action. This action will ensure that we preserve a number of parking spaces for disabled patients, as well as providing parking spaces for our doctors and staff who are often in and out during the day (possibly on emergency calls). These changes will therefore ensure safety for patients and minimise disruption to practice staff. Please keep the drive to the car park clear at all times to ensure emergency access for ambulances.

From 1st April 2016, the doctors will be allocated a parking space along the front of the building. There are already allocated spaces for staff that work at the pharmacy and the building above them, and there will be practice staff parking at the end of the building.

There are two disabled parking spaces provided for frail, disabled and infirm patients which will be kept available at all times. It will still be possible to drop off patients at the practice or pharmacy.

There is road side parking in the area, but please be aware of the parking charges that now apply; and allow plenty of time for your appointment(s).

There are two car parks approximately 500 yards from the practice:-

The Triangle Car Park, in Russell Street and Magdalen Road Car Park – charges apply.



New Practice Partners

Dr Frances Palmer

Dr Frances Palmer qualified from St Bartholomew's and The Royal London Medical School in 2001, worked as a junior hospital doctor in London, Brighton and Australia before completing her GP training in London. She worked as a GP in the East End before moving to Devon where she has worked as a salaried GP in Budleigh and Exmouth. She has an interest in skin problems and works once a month in the dermatology department at Heavitree Hospital. She is trained to carry out minor surgery and fit contraceptive implants.

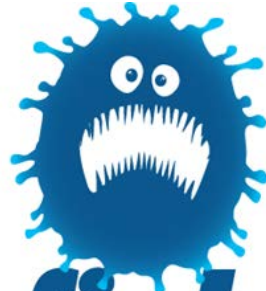


Dr James Gunning

Dr James Gunning qualified from the University of Nottingham in 2005. He has worked in the South West since this time and completed his GP training in 2010. Dr Gunning has a special interest in Dermatology and Skin Surgery and also works as an Academic Tutor with the Exeter Medical School. Dr Gunning is married to another doctor and they have an 18 month old son. Dr Gunning is a very keen water sports enthusiast, tennis player and skier.



Coming soon to you, to help fight the flu!



flu fighter

Be sure to check our website/social media for more information!



Find us on:
facebook®

<https://www.facebook.com/Stleonardspracticeexeter>